

**Location:**  
Sunset  
Auditorium

**Date:**  
March  
19th

**Time:**  
7-9 PM,  
doors open at  
6 PM

Free tickets are available in the Sunset High School office from February 11 to March 19th, between 7 AM-3 PM, or at the door if available.



**LIGHT THE FIGHT** podcast hosts David Kozlowski & Heidi Swapp bring you the Don't Freak Out Parenting Night. **Join us to learn strategies to partner with your children, help them combat anxiety and depression, and build high-quality relationships for life.**

